

Jack Milner biography

Jack enjoys simultaneous careers as a business facilitator, key-note speaker, director and comedy writer. He has over 20 years experience helping organisations and individuals articulate and memorably communicate their ideas.

His approach to communication coaching is very different. "Skills learnt from the world of stand up comedy and improvisation mean fresh, natural and compelling communication..." says Jack. "...helping audiences understand complex stories."

As director for the West End, film, and radio, Jack knows how to take often dry, technical information and render it clear and memorable, no matter who the audience. His experience of working with top comedians, theatre and Soap stars means he is also unlikely to be phased by stressed out executives.

He has participated in over one hundred productions, both on stage and behind the scenes, with notable success in all fields, for The National Theatre, Channel 4 and ITV, amongst others. A production of his comedy, the Mummy toured in 2014, and has now been produced in several countries, including in 2017 in Argentina.

Jack is also the Co-Founder of We Do Things Differently (WDTD), a cultural change practice, staffed by people who are aren't just successful entrepreneurs and business people, they're also independently successful artists, performers and writers. WDTD have a deep understanding of what will engage people on an emotional level to embrace new challenges as well as what it takes to continually re-enforce a culture of creativity. The company is based in London but works internationally.

In another life, Jack ran comedy workshops for The National Theatre, Channel 4 and ITV amongst many others. He has run over 1,200 comedy, improvisation and stand up workshops and seen an assortment of over 15,000 comedians, wannabe comedians and even don't wannabe comedians. In Malcolm Gladwell terms, he has done his 10,000 hours.

Stand Up & Deliver

Communication Skills, Team Building, Innovation

Clients include:

Media: Channel 4, BBC TV, ITV, Starcom Mediavest, Virgin Media, Red Whale

IT: Google, Microsoft, Cisco, VM Ware, Samsung

Finance: Standard Chartered, AIG, Commerzbank, Ruffers, Union Bank Nigeria, HSBC

Retail: Sainsbury's, M&S, Whistles, Jo Malone, Estée Lauder

Industry: Pfizer, Bayer, Red Whale, Innovia, British Gas, Thames Water, Pladis, Procurement Leaders, Aircelle, Exfo

AGENCIES. McCann Worldwide (and McCann Manchester and London), Adam&Eve DDB, Inventiv, Havas Lynx, Grey Healthcare, Synergy, Sizmek, IPA.

Business Schools: LBS, Chicago Booth, Judge

(Jack has also worked internationally in: USA, Australia, Malaysia, Italy, France, Switzerland, Nigeria, Kuwait, Oman, Dubai, Bahrain, Romania, Hungary, Czech Republic, Turkey, Qatar, Germany)

Jack offers the following workshops and masterclasses:

- How to present and create TED talks
- Public Speaking
- Presentation Skills
- Personal impact
- Adding humour to presentations
- How to present via teleconference and webinar

- Giving and Receiving Feedback
- Improvisation
- Team Building through comedy
- Fishing for coffee (or beer) - successful networking

He also offers his services in:

- Pitch coaching and doctoring
- Conference and Event presentations

Stand Up and Deliver London Ltd
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Some client references

"I am delighted with the success of our kick-off. Comedy added such a buzz to the event. Jack Milner's approach and dedication to making it work, ensured this was a successful event. I recommend Jack and Standup & Deliver as a brilliant team to bring something completely different to a company conference." *John Jester, GM for Microsoft UK after Team Building event for 230 Microsoft sales managers*

"I really got a huge amount from the session.... so much so, I volunteered to speak our People Team Conference last week in front of 250 people! My performance wasn't perfect but I am more than satisfied at my first attempt at a big audience, no way I could have done it without your help!" *Brett Stinton, head of H&S Northumbrian Water*

"Self-improvement not just starts and stops with formal training, but first and foremost with a self-realisation of where you are and where you can be. And then practice, practice practice to change habits! This course has given me, in a very engaging way, these elements of improvement, and stands out from the typical 'executive presentations skills' by not just the content, but the interaction created by Jack. Definitely recommend it, even for seasoned professionals!" *Jeroen Sourbron Cisco International Ltd, Sr. Manager, Business Development*

" I can't tell you how constructive it was. The skills learnt translate into daily life and everyday business, not just presenting." *Emma, Senior Account Manager, Grey Healthcare Group*

"...the course was awesome, the best I have ever attended. Started the day with the first activity feeling well out of my comfort zone, by the end of the day was well at ease. Don't know how you did it." *Andrew Simpson (global director) Innovia Film Plastics*

"Jack brings a refreshing and personal style to the art of public speaking. His energetic and different approach landed well with me and has made a striking difference" *Maurice Daw, Customer Director, Virgin Media*

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"Jack's workshop exceeded expectations. We ended the day with our morale at an all-time high and I continue to get great feedback from my team months after the event." – Neil Laver, Sales Director, Microsoft.

*"We asked Jack to deliver a series of 1hr workshops entitled Presenting You to Commerzbank's female population across all levels of experience. The sessions were 'sold out' within a matter of hours of the invite being issued and over 180 women received this public speaking training delivered with humour and expertise. Jack worked his magic on the room making sure everyone from the wall-flower to the super-ego interacted and benefited from the session. We were inundated with positive feedback and the only negative comment - the workshops weren't long enough! The Bank is now working with Jack to develop a full day public speaking workshop that can be offered to all staff here in the London office."
Victoria Lewis (head of compliance Commerzbank)*

"First and foremost, thank you so much for Friday. It was such a brilliant day. I know the team, which can be hard to please, loved it. You were able to get so much out of each of them. It was a real joy to watch them evolve in confidence, knowledge and creativity throughout the day. What you did for them will greatly benefit them in their roles as Senior Artists. I am over the moon at the results and really pleased that we were able to secure you for this valuable learning experience. Thanks again for your time, passion and commitment on this project." Dean Rudd, Regional Senior Artist Manager MAC after Creative Writing workshop,

*"Jack has done an excellent job with our GP Update presenters. The improvement in all the presenters, even 3 months after the training, is startling. They are all performing superbly. We are just so pleased that not only has the training made a big difference in both the content and delivery of our presentations but that the lessons from Jack's workshops have stayed learnt!"
Martin Haley, CEO of Red Whale after series of presentation skills workshops*

"I came to the workshop thinking my presentation skills were honed and fairly good. But I learnt a vast amount of techniques and methods that will vastly improve my skills." Rafe Burchell, art director DDB Remedy, Pitching Skills workshop.

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